



# DAILY INFORMATION BULLETIN

MONDAY, MAY 7, 1979

<u>CONTENTS</u>	<u>PAGE NO.</u>
JOGGING CAMPAIGN TO START NEXT MONTH .....	1
TWO TUEN MUN SITES FOR AUCTION TOMORROW .....	3
NEW SUBJECTS INTRODUCED IN EVENING COURSES .....	3
SAILING LESSONS FOR ONLY \$20 .....	5
NEW PRIVATE SECRETARY FOR GOVERNMENT HOUSE .....	6
NEW OFFICE FOR INFORMATION BRANCH .....	6
REGISTRATION TEAM IN TIN WAN .....	7
URBAN CLEARWAY RESTRICTIONS RESCINDED .....	7

MONDAY, MAY 7, 1979

- 1 -

### JOGGING CAMPAIGN TO START NEXT MONTH

\* \* \* \* \*

A TERRITORY-WIDE PROGRAMME TO ENCOURAGE JOGGING WILL BE LAUNCHED EARLY NEXT MONTH.

DETAILS OF THE PROGRAMME WERE ANNOUNCED TODAY (MONDAY) AT A PRESS CONFERENCE GIVEN BY MISS BETTY MAIR, PRINCIPAL EDUCATION OFFICER IN CHARGE OF THE RECREATION AND SPORT SERVICE (RSS).

+THE OBJECT IS TO MAKE PEOPLE REALISE THAT RUNNING IN THE OPEN AIR CAN BE FUN AND A VERY GOOD WAY TO IMPROVE ONE'S GENERAL FITNESS AND MENTAL OUTLOOK ON LIFE,+ MISS MAIR EXPLAINED.

THE PROGRAMME IS A JOINT EFFORT OF THE RSS, THE HONG KONG AMATEUR ATHLETIC ASSOCIATION AND DODWELL TRADING LTD. AND WILL BE THE FIRST ACTIVITY IN THE +PABST CHALLENGE SERIES+ OF COMMUNITY SPORTS EVENTS.

THE JOGGING PROGRAMME WILL INCLUDE:

\* RUNNING TRAINING COURSES AT 10 OR MORE CENTRAL VENUES ON HONG KONG ISLAND, IN KOWLOON AND THE NEW TERRITORIES.

\* TESTING OF HEART AND BLOOD CIRCULATION FITNESS BY HONG KONG UNIVERSITY DOCTORS BEFORE, DURING AND AFTER THE TRAINING SCHEME (THIS HAS NEVER BEEN DONE BEFORE IN HONG KONG AND THE DATA COMPILED WILL BE VALUABLE FOR BOTH THE ATHLETIC AND MEDICAL COMMUNITIES).

\* A MASS RUN OPEN TO PEOPLE OF ALL AGES.

\* ISSUE OF GOLD, SILVER AND BRONZE MEDALS TO RUNNERS WHO IMPROVE THEMSELVES SO MUCH BY THE END OF THE YEAR THAT THEY CAN COVER 1.5 MILES IN TIME LIMITS SET ACCORDING TO AGE AND SEX.

TO EXEMPLIFY THE BENEFITS OF RUNNING, MISS MAIR QUOTED RESULTS OF A SURVEY BY THE U.S. PRESIDENT'S COUNCIL ON PHYSICAL FITNESS AND SPORTS.

+EVEN THE ELDERLY WILL FIND THAT THE HUMAN BODY ADAPTS REMARKABLY TO TRAINING --- THE AGEING PROCESS IS SLOWED AND THE CHANCES OF HEART ATTACK AND OTHER DEGENERATIVE ILLNESS REDUCED,+ SHE SAID.

THE PILOT TRAINING SCHEME, MISS MAIR SAID, WILL BEGIN ON JUNE 5 WITH JOGGING GROUPS ORGANISED AT TWO CENTRES --- ONE AT VICTORIA PARK AND THE OTHER AT MORSE PARK.

STARTING AT 7 A.M. AT VICTORIA PARK AND 6.30 A.M. AT MORSE PARK, PARTICIPANTS WILL GO THROUGH AN HOUR-LONG SERIES OF WARMING-UP EXERCISES, CALISTHENICS, JOGGING AND RUNNING.

/EACH GROUP .....

MONDAY, MAY 7, 1979

- 2 -

EACH GROUP WILL BE LED BY INSTRUCTORS, AND ATHLETES WITH LEADERSHIP POTENTIAL WILL BE CHOSEN TO ACT AS INSTRUCTORS IN LATER EVENTS.

FROM SEPTEMBER THIS YEAR, THE TRAINING SCHEME WILL BE EXPANDED TO 10 OR MORE VENUES THROUGHOUT THE TERRITORY, AND SPECIFIC VENUES WILL BE ANNOUNCED LATER.

BOTH MALES AND FEMALES OVER 12 YEARS OF AGE ARE WELCOME TO TAKE PART.

DOCTORS OF THE PHYSIOLOGY DEPARTMENT OF THE HONG KONG UNIVERSITY AND QUEEN MARY HOSPITAL WILL MEASURE THE CARDIO-VASCULAR FITNESS OF A SELECTED GROUP FROM THE START OF THE JOGGING SESSIONS UNTIL THEY END THREE MONTHS LATER IN NOVEMBER.

MISS MAIR SAID THAT IN A SCIENTIFIC EXERCISE NEVER BEFORE CARRIED OUT IN HONG KONG, THE DOCTORS WILL AIM TO ARRIVE AT A STATISTICAL PICTURE OF THE FITNESS OF HONG KONG PEOPLE RELATIVE TO THAT OF PEOPLE ABROAD WHERE SIMILAR TESTING HAS BEEN DONE.

THEY WILL ALSO MEASURE THE IMPROVEMENT IN THE PARTICIPANT'S CARDIOVASCULAR EFFICIENCY THAT RESULTS FROM THE THREE MONTHS OF RUNNING.

MISS MAIR SAID ANOTHER MAJOR EVENT WILL BE A MASS RUN --- OPEN TO ALL --- TO BE HELD IN DECEMBER.

COMPETITIVENESS WILL BE DOWNPLAYED AND PARTICIPANTS WILL BE GIVEN SOUVENIRS SIMPLY FOR COMPLETING THE DISTANCE.

TO WIND UP THE FIRST PABST CHALLENGE SERIES, GOLD, SILVER AND BRONZE MEDALS WILL BE GIVEN TO ALL PARTICIPANTS WHO CAN COMPLETE A 1.5-MILE (2.414 KM) RUN WITHIN THE SPECIFIC TIMES.

THE TEST RUNS WILL BE HELD REGULARLY FROM DECEMBER TO FEBRUARY NEXT YEAR, ORGANISED BY THE RSS AND THE HONG KONG AMATEUR ATHLETICS ASSOCIATION.

THE TESTS WILL BE CARRIED OUT ACCORDING TO THE STANDARDS LAID OUT BY FAMOUS RESEARCH LABORATORIES SUCH AS DR. KENNETH COOPER'S AEROBIC ACTIVITIES CENTRE IN THE U.S. THE RESULTS WILL BE COMPARED WITH THOSE RECORDED ABROAD.

- - - - 0 - - - -

/3 .....

MONDAY, MAY 7, 1979

- 3 -

TWO TUEN MUN SITES FOR AUCTION TOMORROW  
\* \* \*

TWO PRIME SITES IN TUEN MUN NEW TOWN WILL BE SOLD AT A GOVERNMENT AUCTION TOMORROW (TUESDAY).

THE FIRST SITE MEASURING 2,290 SQUARE METRES, AT THE SOUTHERN END OF THE NEW TOWN OVERLOOKING CASTLE PEAK BAY IS FOR MEDIUM DENSITY MULTI-STOREY RESIDENTIAL DEVELOPMENT.

THE SECOND LOT WITH AN AREA OF 693.1 SQUARE METRES IS A COMMERCIAL SITE IN THE NEW TOWN'S BOOMING INDUSTRIAL AREA BOUNDED BY PUI TO ROAD AND TSING WUN ROAD. IT IS SPECIALLY DESIGNED FOR A MULTI-STOREY COMPLEX FOR A GREAT VARIETY OF COMMERCIAL USES SUCH AS RESTAURANTS, SHOPS AND BANKING PREMISES ON THE LOWER FLOORS AND OFFICE SPACE ON THE UPPER FLOORS.

THE AUCTION, WHICH IS PART OF THE GOVERNMENT'S INCREASED SALE PROGRAMME IN THE NEW TERRITORIES, WILL TAKE PLACE AT THE ST. SIMON LUI MING CHOI SECONDARY SCHOOL, HEUNG SZE WUI ROAD, TUEN MUN AT 2.30 P.M.

IT WILL BE CONDUCTED BY THE DISTRICT'S SENIOR ESTATE SURVEYOR, MR. VICTOR LEUNG.

-----  
NOTE TO EDITORS:

YOU ARE INVITED TO SEND REPRESENTATIVES TO COVER THE AUCTION OF TWO PRIME TUEN MUN NEW TOWN SITES AT THE ST. SIMON LUI MING CHOI SECONDARY SCHOOL AT 2.30 P.M. TOMORROW (TUESDAY).

PRESS TRANSPORT WILL BE PROVIDED AND WILL LEAVE THE KOWLOON PUBLIC PIER, TSIM SHA TSUI, AT 1.20 P.M.

- - - - 0 - - - -

NEW SUBJECTS INTRODUCED IN EVENING COURSES  
\* \* \* \* \*

COURSES IN TWO NEW DISCIPLINES --- DESIGN AND INDUSTRIAL TECHNOLOGY --- ARE BEING OFFERED IN THIS YEAR'S JOINT ENROLMENT FOR PART-TIME EVENING COURSES RUN BY THE FIVE TECHNICAL INSTITUTES OF THE EDUCATION DEPARTMENT.

THE FIVE TECHNICAL INSTITUTES, NAMELY MORRISON HILL, KWAI CHUNG, KWUN TONG, HAKING WONG AND LEE WAI LEE, ARE INVITING APPLICATIONS FOR 80 PART-TIME EVENING COURSES IN 12 DISCIPLINES BETWEEN THURSDAY AND MAY 19.

DETAILS OF THE COURSES WHICH COMMENCE IN SEPTEMBER THIS YEAR WILL BE ADVERTISED IN THE LOCAL PRESS ON MAY 10.

MONDAY, MAY 7, 1979

- 4 -

THE 12 DISCIPLINES ARE HOTEL KEEPING AND TOURISM, COMMERCIAL STUDIES, CONSTRUCTION, ELECTRICAL ENGINEERING, MECHANICAL ENGINEERING, GENERAL STUDIES, INDUSTRIAL TECHNOLOGY, PRINTING, TEXTILE INDUSTRIES, CLOTHING INDUSTRIES, MARINE AND FABRICATION AND DESIGN.

COURSES OFFERED ARE MAINLY AT CRAFT LEVEL (POST-FORM III) AND TECHNICIAN LEVEL (POST-FORM V), A SPOKESMAN FOR THE EDUCATION DEPARTMENT SAID TODAY (MONDAY).

THESE COURSES ARE SUITABLE FOR PEOPLE WORKING IN THE TOURIST, COMMERCIAL AND INDUSTRIAL FIELDS TO FURTHER THEIR STUDIES. SOME COURSES ALSO REQUIRE THE STUDENTS TO BE EMPLOYED IN THE RELEVANT TRADES, HE ADDED.

DURATION OF MOST OF THE COURSES IS THREE YEARS, BUT THERE ARE ALSO SOME SIX-MONTH, ONE-YEAR AND TWO-YEAR COURSES.

APART FROM THE TECHNICAL INSTITUTE PREMISES, THE EVENING CLASSES ARE ALSO CONDUCTED IN A NUMBER OF CENTRES THROUGHOUT HONG KONG, INCLUDING YUEN LONG, TSUEN WAN, SHA TIN AND SHAU KI WAN.

+THE EDUCATION DEPARTMENT PLANS TO OPEN ADDITIONAL CENTRES WHENEVER THE NEED ARISES FOR THE CONVENIENCE OF THE STUDENTS,+ THE SPOKESMAN SAID.

APPLICATION FORMS CAN BE OBTAINED DURING OFFICE HOURS STARTING ON THURSDAY AT ALL THE TECHNICAL INSTITUTES EXCEPT LEE WAI LEE TECHNICAL INSTITUTE WHICH IS STILL UNDER CONSTRUCTION, ALL THE CITY DISTRICT OFFICES AND ALL THE DISTRICT OFFICES.

APPLICANTS SHOULD RETURN THE COMPLETED FORMS ON MAY 19 TO THE RESPECTIVE INSTITUTE TO WHICH THEY ARE APPLYING.

HOWEVER, THOSE APPLYING FOR COURSES RUN BY THE LEE WAI LEE TECHNICAL INSTITUTE SHOULD RETURN THE FORMS TO THE MORRISON HILL TECHNICAL INSTITUTE.

+FORM V STUDENTS SITTING THE 1978-79 CERTIFICATE OF EDUCATION EXAMINATION MAY APPLY, AND THEY CAN LEAVE OPEN THE COLUMN ON THE APPLICATION FORMS CONCERNING THE CERTIFICATE OF EDUCATION EXAMINATION RESULTS,+ THE SPOKESMAN SAID.

THEY SHOULD ALSO RETURN THE FORMS ON MAY 19, HE ADDED.

APPLICATIONS FOR FULL-TIME COURSES RUN BY THE FIVE TECHNICAL INSTITUTE WILL BE INVITED IN JULY, AND THE SPOKESMAN ADVISED THOSE INTERESTED TO WATCH FOR THE RELEVANT ANNOUNCEMENTS NEARER THE DATE.

- - - - 0 - - - -

/5 .....

MONDAY, MAY 7, 1979

- 5 -

SAILING LESSONS FOR ONLY \$20

\* \* \* \* \*

THE RECREATION AND SPORT SERVICE OF THE EDUCATION DEPARTMENT, THE URBAN COUNCIL AND THE HONG KONG YACHTING ASSOCIATION ARE OFFERING FIVE-DAY COURSES ON BASIC SAILING --- FOR ONLY \$20.

THE +YOUTH SAIL TRAINING SCHEME,+ STARTED DURING THE EASTER HOLIDAYS, HAS PROVED TO BE AN INSTANT SUCCESS, A SPOKESMAN FOR THE SERVICE SAID TODAY (MONDAY).

+THE PROGRAMME IS SO POPULAR THAT WE ARE ALREADY OVER SUBSCRIBED. WE HAVE SO FAR RECEIVED 6,000 APPLICATIONS,+ HE SAID.

THE SPOKESMAN SAID 28 COURSES WILL BE HELD THROUGHOUT THE YEAR IN WHICH 2,000 PEOPLE AGED BETWEEN 14 AND 30 WILL BE ABLE TO PARTICIPATE.

AT PRESENT, THE HONG KONG YACHTING ASSOCIATION HAS MADE AVAILABLE 24 +HOI YIN+ DINGHIES FOR THE TRAINING COURSES, HE ADDED.

+THEY ARE PROVIDING NOT ONLY THE SAIL-BOATS BUT ALSO THE INSTRUCTORS,+ THE SPOKESMAN SAID.

THE FIVE-DAY COURSE IS DESIGNED TO GIVE PARTICIPANTS AN ELEMENTARY KNOWLEDGE ON HANDLING SAIL-BOATS.

AT THE END OF THE COURSE, PARTICIPANTS ARE GIVEN A CERTIFICATE SIMILAR TO THE ROYAL YACHTING ASSOCIATION CERTIFICATE IN BRITAIN.

+SAFETY, THEREFORE IS A KEY FACTOR AS WITH MOST OTHER WATER SPORTS,+ THE SPOKESMAN STRESSED.

THE COURSE ENABLES THEM TO LEARN SAILING TERMINOLOGIES, LOCAL TIDAL MOVEMENTS, SAFETY MEASURES AND PRACTICAL MANOEUVRING SKILLS.

AFTER THE TRAINING, PARTICIPANTS ARE AUTOMATICALLY ENTITLED TO BOOK THE DINGHIES FOR THEIR OWN RECREATION FOR A FEW DAYS.

- - - - 0 - - - -

/6 .....

MONDAY, MAY 7, 1979

- 6 -

NEW PRIVATE SECRETARY FOR GOVERNMENT HOUSE  
\* \* \* \* \*

MR. GORDON SIU HAS BEEN APPOINTED PRIVATE SECRETARY,  
GOVERNMENT HOUSE, WITH EFFECT FROM OCTOBER 1, 1979.

MR. SIU JOINED THE CIVIL SERVICE IN 1966 AND WORKED IN THE  
NEW TERRITORIES ADMINISTRATION AND VARIOUS BRANCHES OF THE  
GOVERNMENT SECRETARIAT BEFORE HIS APPOINTMENT AS THE EDUCATION  
DEPARTMENT'S FIRST MUSIC ADMINISTRATOR IN SEPTEMBER 1977.

THE POST OF MUSIC ADMINISTRATOR WILL BE TAKEN BY MRS. ELIZABETH  
WONG IN MID-SEPTEMBER 1979.

MRS. WONG, WHO IS NOW AN ASSISTANT FINANCIAL SECRETARY, JOINED  
THE CIVIL SERVICE IN 1969 AND HAS WORKED IN THE HOME AFFAIRS  
DEPARTMENT, THE SOCIAL WELFARE DEPARTMENT, AND THE GOVERNMENT  
SECRETARIAT.

- - - - 0 - - - -

NEW OFFICE FOR INFORMATION BRANCH  
\* \* \* \* \*

THE INFORMATION BRANCH AND THE PRESS UNIT OF THE GOVERNMENT  
SECRETARIAT HAVE MOVED FROM THE CENTRAL GOVERNMENT OFFICES TO  
THE AMERICAN INTERNATIONAL TOWER IN CENTRAL STARTING TODAY  
(MONDAY).

THE ADDRESS OF THE NEW OFFICE IS ROOM 1710, AMERICAN  
INTERNATIONAL TOWER, 17TH FLOOR, 16-18 QUEEN'S ROAD CENTRAL, AND  
THE NEW TELEPHONE NUMBER IS 5-211381.

- - - - 0 - - - -

/7 .....

MONDAY, MAY 7, 1979

- 7 -

REGISTRATION TEAM IN TIN WAN

\* \* \* \* \*

A TEAM FROM THE REGISTRATION OF PERSONS OFFICE WILL CONDUCT REGISTRATIONS AT THE TIN WAN ESTATE OFFICE IN ABERDEEN FOR THREE DAYS FROM MAY 14.

THIS IS TO ENABLE PARENTS OR GUARDIANS TO REGISTER CHILDREN AGED BETWEEN 11 AND 17 FOR JUVENILE IDENTITY CARDS AND HOLDERS OF JUVENILE IDENTITY CARDS TO REGISTER FOR ADULT IDENTITY CARDS ON REACHING THE AGE OF 18.

REGISTRATION WILL BE CONDUCTED BETWEEN 9.30 A.M. AND 4.30 P.M. DAILY.

PEOPLE IN THE AREA ARE REMINDED OF THEIR RESPONSIBILITY TO REGISTER THEMSELVES AND THEIR CHILDREN FOR IDENTITY CARDS AND TO REPORT CHANGES OF EMPLOYMENT OR RESIDENTIAL ADDRESSES, MARITAL STATUS, OR ANY OTHER PARTICULARS WHICH HAVE CHANGED SINCE REGISTERING FOR THEIR IDENTITY CARDS.

- - - - - 0 - - - - -

URBAN CLEARWAY RESTRICTIONS RESCINDED

\* \* \* \* \*

THE TRANSPORT DEPARTMENT ANNOUNCED TODAY (MONDAY) THAT FROM 10 A.M. ON THURSDAY, THE EXISTING 7 A.M. TO 10 A.M. AND 4 P.M. TO 7 P.M. URBAN CLEARWAY RESTRICTIONS ON THE FOLLOWING ROADS WILL BE RESCINDED:

\* THE SECTION OF THE EASTBOUND CARRIAGEWAY OF CASTLE PEAK ROAD, TSUEN WAN, BETWEEN THE POINTS ABOUT 195 METRES AND 65 METRES WEST OF ITS JUNCTION WITH ROUTE TWISK, AND

\* THE SECTION OF THE EASTBOUND CARRIAGEWAY OF CASTLE PEAK ROAD, TSUEN WAN, BETWEEN THE POINTS ABOUT 105 METRES AND 150 METRES EAST OF ITS JUNCTION WITH TAI HO ROAD.

TRAFFIC SIGNS WILL BE SET UP TO GUIDE MOTORISTS.

- - - - - 0 - - - - -